



Nexus Statement Template for VA Disability Claims

A Nexus Statement is a medical opinion from your doctor that links your current condition to your military service (or a service-connected condition). This statement is key evidence for many VA claims - especially for secondary conditions or when the connection isn't obvious.

3-Step Checklist Before You Start

1. Veteran's Info: (Name, DOB, last 4 of SSN)
2. Diagnosis & History: (Current condition, date of onset, any relevant medical or service history)
3. Medical Opinion: (Does the doctor believe it's "at least as likely as not" related to service? What's the rationale?)

Nexus Statement Template

[Provider's Name & Credentials]

[Provider's Address or Clinic]

[City, State ZIP Code]

[Date]

Department of Veterans Affairs

[Regional Office Address, if known]

Subject: Medical Nexus Statement for [Veteran's Name], SSN (Last 4): [_____]

To Whom It May Concern,

I am [Provider's Full Name], a [doctor/NP/PA/etc.] licensed in [State]. I have reviewed the medical records and history of [Veteran's Name], who served in the [Branch of Service] from [Start Date] to [End Date].

It is my medical opinion that [Veteran's Name] is currently diagnosed with:

[Condition/Diagnosis]

Date of diagnosis: [____]

Based on my evaluation, the veteran's history, and review of available records, it is at least as likely as not (a 50% probability or greater) that this condition is related to their military service (or to a service-connected condition: [specify if secondary]).

Rationale:

[Explain how/why the condition is linked to military service, referencing records, symptoms during service, continuity of symptoms, or relevant medical literature.]

Example: The veteran reported onset of symptoms during active service in [year]. Medical records document similar complaints, and there is no evidence of an intervening cause since separation.

Provider's Signature: _____

Printed Name: _____

Credentials: _____

Date: _____

Contact Information: _____

Sample Statement (for reference only)

Dr. Jane Smith, MD
Sunrise Family Medicine
123 Main Street
Anytown, USA 12345
July 28, 2025

Department of Veterans Affairs
123 Regional Office Rd
Anytown, USA 12345
Subject: Medical Nexus Statement for John Doe, SSN (Last 4): 1234

To Whom It May Concern,

I am Dr. Jane Smith, a board-certified family physician. I have reviewed the medical records and history of John Doe, who served in the US Navy from 2002 to 2012. John Doe is currently diagnosed with Obstructive Sleep Apnea (diagnosed May 2020).

Based on my examination and review of his service treatment records, it is at least as likely as not (50% or greater probability) that his sleep apnea is related to the weight gain and chronic nasal symptoms documented during his active-duty service. There is no evidence of a significant non-service-related cause.

Provider's Signature: Dr. Jane Smith

Date: July 28, 2025

Need More Help?

- Website: <https://vaclaimshelper.com>
- Subreddit: <https://reddit.com/r/Vaclaimshelper>
- Want deeper step-by-step help? Check out my [\\$0.99 eBooks](#) (no pressure, everything you need to get started is free).

You're not alone. If you get stuck or want more examples, check out the site or join the subreddit.

***Template provided by VA Claim Helper — Real answers
for real vets.***